Cats Getting Old



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When your cat reaches the age of seven, you probably won’t notice much different about the way she behaves. After all, most cats live until they’re 13-17. Besides, your cat’s probably still active, healthy, and just as independent and curious as ever!

Even though she doesn’t really seem to be getting old, by the time your cat reaches seven years of age, her nutritional needs will be changing. However, with the right diet, you can slow down - or even prevent - some of the health issues that may crop up as the years go by, and continue to give your cat the care you’ve provided throughout her life so far.

It’s important not to put off making these changes. By changing your cat’s diet at the right time, you’ll be setting her up for many healthy years to come. If it helps, don’t think of her as a golden oldie - instead, tell yourself she’s entering the prime of her life!

Common health issues for senior cats

- Heart problems
- Reduced kidney function
- Poor eyesight
- Difficulties maintaining a healthy skin and coat

The right food for her age

By feeding your cat the right food for her age, you'll give her the best possible chance of enjoying her senior years in tip-top condition.

For example, the Whiskas® 7+ contains dietary fiber for healthy digestion and healthy defecation. Also, it is supplemented with calcium, phosphorus and Vitamin D to support strong bones.

Mixed feeding

Another way to help your senior cat stay healthy is to give her the right mix of wet and dry food. While many dry foods are nutritionally complete, don't forget that your cat is a natural predator - if she lived in the wild, she'd naturally be hunting and eating her prey. So she'll definitely thank you for including some succulent meat in her diet!

As well as giving her the tastes and textures she loves, wet food is also a great source of water - particularly important for your senior cat. Not only does wet food help her kidneys, but it can also help if you're watching her weight.



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